



UNITED STATES SHUAI CHIAO ASSOCIATION

Spring 2012

Volume 20.1

20TH ANNUAL GREAT LAKES KUNG FU CHAMPIONSHIPS AND USSA SHUAI CHIAO NATIONALS

Saturday, April 14th,
2012, Veale Center

CASE WESTERN RESERVE
UNIVERSITY, CLEVELAND, OHIO

For GLKF tournament information:

www.shaolininstitute.com

(216) 431-4991 or (216) 410-8785

For Yixing USA Team information:
contact Jan-yu Weng, USSA President:
Jyweng@aol.com

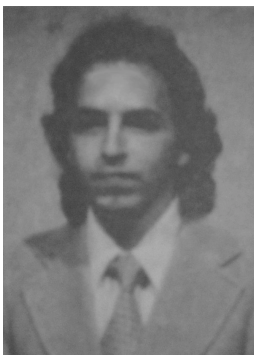


Referee Jan-yu Weng calls a throw at last year's 2011 Nationals

**THE GLKF 2012 WILL BE
THE PRIMARY QUALIFYING
TOURNAMENT**

**For the USA TEAM at the
Yixing China Shuaijiao
International Tournament
Planned for March, 2013**

MASTER MATT MOLLICA ELEVATED TO 3RD TENG



Master Matt Mollica has been involved in the teaching and promotion of Shuai Chiao Kung-fu in the United States for over thirty years. Already a black-sash in Shaolin Tiger Kung-fu when he began his Shuai Chiao training under Dr. Chi-hisu Weng, he took to the art quickly. He assisted Dr. Weng in producing some of the first Shuai Chiao instructional materials written for a western audience.

~ See story on page 2 inside...



*Las Vegas,
Nevada*

Saturday, August 4th, 2012

This tournament's Shuaijiao division is a great West Coast regional event as well as a tune-up for Team USA members to get ready for China. For more information please email Jan-yu Weng at:

jyweng@aol.com

Master Matt Mollica of Columbus, Ohio, Promoted to 3rd Teng



Columbus, Ohio, January 21st: Dr. Chi-Hsiu D. Weng presents Master Matt Mollica with his new USSA Rank Certificate

Master Matt Mollica has been a well-known martial arts instructor in central Ohio for over three decades. Along with his tutelage under Dr. Weng, Master Mollica was directly instructed by Grandmaster Ch'ang Tung Sheng himself on trips to Taiwan and when the Grandmaster visited the United States in the early 1980's. He was deeply involved in the founding of the United States Shuai-chiao Association and has served as an officer of the USSA for many years. His elevation to 3rd Teng (7th degree) black belt recognizes not only his training and experience in Shuai Chiao kungfu, but also his many years of dedicated service to the art as an instructor, tournament official, and coach on both national and international levels. Master Mollica joins Master Mark Miller of Taiwan as one of the highest-ranking members of the USSA organization.

JANUARY SEMINARS AT HO-I SCHOOL DEEPEN TAI CHI UNDERSTANDING

Dr. Weng's two Tai Chi seminars at Ho-I helped both advanced and intermediate students to integrate their basic footwork with their upper body movement. Dr. Weng used practical techniques and applications to clearly illustrate the constant interplay of yin and yang, in which the feet are very light yet rooted when needed, and the arms are relaxed yet always ready to issue power.

BLACK-BELT INSTRUCTORS PROMOTED AT CLEVELAND SEMINARS



Black-belt instructors promoted to higher rank in Cleveland in August of 2011:
Top row: Mike Grigsby, Dr. Weng, John Ervin, Jr. Front row: Alva Ervin, Matt Corbett, Daniel Cliff

Dr. Daniel Weng traveled to the Cleveland, Ohio, school of Master John Ervin Jr. last August 20th for a series of seminars and belt tests. Master Ervin was promoted to 5th Teng black belt.

The Saturday seminar was unusual in that the group was a mix of very experienced black-belts and students who had only elementary Shuai Chiao training. Dr. Weng handled this challenge by addressing the basics of safety and falling properly. Even experienced instructors often take falling for granted, and teach it as a brief aside to the more exciting throws and applications of Shuai Chiao. By going over the basic progression of teaching falling skills, Dr. Weng made it clear to the advanced students just how to present and fully cover this essential material. The seminar finished up with a number of interesting throwing applications and a discussion of when it is appropriate to apply chin-na grasping techniques in a real fighting situation.

NEW UNIVERSITY TAI CHI ORGANIZATION FOUNDED: UNITED STATES COLLEGIATE TAIJI FEDERATION

On January 7th, 2012, the US Collegiate Taiji (Tai-chi) Federation was formed at the University of East-West Medicine. Taiji courses and programs are becoming more popular at many colleges and universities in recent years. For the purposes of promoting Taiji with more emphasis on its philosophy and benefits on wellness, fitness, stress reduction, and holistic healing effects, the US Collegiate Taiji Federation was formed last month at the University of East-West Medicine, Sunnyvale California.



Two presidents of professional universities and faculty members from 14 universities and colleges attended the establishing meeting. As a result of the meeting, Dr. Chi-hsiu D Weng, Dean of College of Tai Chi at the University of East-West Medicine (UEWM), was elected as the first-term President, and Dr. Ying Qiu Wang, President of UEWM, was elected as Chair of the Board. Other appointed officers of this organization include: Vice Presidents Wen Peng (Five Branches University--a Chinese Medicine university), Dr. Tsu Hong Yen (San Jose State University), Tony Wong (Stanford University, San Mateo College, Foothill College), Jason Tsou (UCLA, Cal State at Long Beach), Tony Yang (Kent State University, Akron State University); Public Relations Dr. James Yu, He Tang (Advanced Pro Nursing Institution), James Mattox (The Ohio State University); Secretary General Phillips Chang; and Assistant Secretaries General Tatiana Perfilov, Eddie Yuen, Andy Huang, Xing-yi Zhang, Ronald Roman.

The initial major tasks of USCTF are targeting following areas:

- 1) Networking the Taiji programs in higher education institutions and publishing newsletters with updates on current status of Taiji curriculums, projects, and related activities domestic and international.
- 2) Conducting training camps for certifying instructors of: Balance Improvement for elder adults for prevention of Falls, Cardio Taiji for improving cardio-vascular fitness and weight control, and several well recognized healing Taiji Qigong methods.
- 3) To promote performance exhibitions, form competitions, scientific conferences, and cosponsoring Kungfu tournaments with a Collegiate Taiji division.

CH'ANG FAMILY WEBSITE RELOCATED ON INTERNET

The www.changshuaichiao.com site address that was used for many years is no longer functional. There are now two sites available. The original site in English is now hosted at:

www.changshuaijiao.org/eng/

A new, Chinese language, site is at:

www.changshuaijiao.org/

SHUAI CHIAO TEARING ARTICLE APPEARS IN JOURNAL OF CHINESE MARTIAL ARTS

The newly revived Journal of Chinese Martial Arts is now available and has an article by USSA member Nick Masi: "The Essential Skills of Gripping and Tearing in Shuai Jiao." The six-page, well-illustrated, article provides a good introduction to the subject. For more information: www.cmajournal.com

RECENT USSA PROMOTIONS

Black Belt Promotions by Dr. Weng

9th Teng – 1st Degree Black Belt

James VanDoren
Krista Curtner-Williams
Wesley Bacon
Tom Gencope

8th Teng – 2nd Degree Black Belt

Alva Ervin

7th Teng – 3rd Degree Black Belt

Daniel Cliff
Gino Belfiore
Matthew Corbett

Black Belt Promotions (cont.)**5th Teng – 5th Degree Black Belt**

John Ervin, Jr.
Mike Grigsby

3rd Teng – 7th Degree Black Belt

Mark Miller
Matt Mollica

Chieh Promotions:**Cupertino Kung-fu Club
by Dr. Weng****White-Green Belt**

Ellen Hu
Anne Hu
Emily Yau
Rory Yau
Sarina Chen
Maya Yung
Saram Yung
Noah Sakaitani
Corwin Hsien
Julian Hsien
Kyle Rivas
Tyler Rivas
Ryan Chen
Vishnu Narayana
Shrinikeith Narayana
Max Hsieh
Jordan Espina
Robin Stodieck
Mira Bhatt
Ravi Bhatt

Cupertino—(cont.)**Green-White Belt**

Jumiana Weng
Caroline Caputo
Max Hsieh
Ivana Chang
Michelle Lee
Vanessa Chin
Kirk Liu
Jordan Espina
Troy Rivas
Kyle Rivas
Tyler Rivas
Sharlene Wang
David Hu
Ellen Hu
Anne Hu
Emily Yau
Rory Yau
Sarina Chen
Maya Yung
Saram Yung
Noah Sakaitani
Diana Hsien
Yung Hsien
Corwin Hsien
Julian Hsien
Ryan Chen
Robin Stodieck

Green Belt

Ivana Chang
Michelle Lee
Vanessa Chin
Kirk Liu

Cupertino—(cont.)**Green-Blue Belt**

Gina Wang
Jennifer Liu
Madelyn Lee
Mikaela Lee
Maisie Lee
Natalie Chin
Chien-Ye Liu

**OSU Shuai Chiao Kung-fu Club
by Mike Grigsby****Green Belt**

Virgina Minks
Emil Slobodnik
Mark Sokolsky

Green-Blue Belt

Marya Barrios
Fabricio Castellano

**Rainbow Chinese School
by Jan-Yu Weng****White-Green Belt**

Aiko Gervacio
Reilani Gervacio
Debbie Lam
Erika Chan

U. S. Shuai-chiao Association
P.O. Box 1221
Cupertino CA 95015



WWW.SHUAI-CHIAO.ORG