



UNITED STATES SHUAI CHIAO ASSOCIATION

Spring 2010 Volume 18.1

18TH ANNUAL GREAT LAKES KUNG FU CHAMPIONSHIPS AND USSA SHUAI CHIAO NATIONALS

Saturday, April 24th, 2010, Adelbert Gym

CASE WESTERN RESERVE UNIVERSITY, CLEVELAND

For GLKF tournament information: www.shaolininstitute.com (216) 587-3478 or (216) 410-8785

Or contact Jan-yu Weng, USSA President: Jyweng@aol.com

Congratulations to Charles Lin!

Inside Kung-fu Magazine's 2010 Competitor of the Year

February 2010 Inside Kung-fu (vol.38, #2)

Trained at Dr. Chi-hsiu Weng's Cupertino Kung-fu Club, Charles is the first Shuai Chiao Competitor to be so honored.



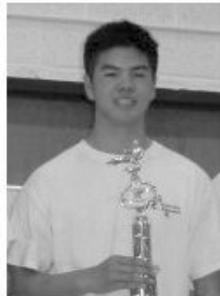
GLKF '06 2nd



GLKF '06 1st



GLKF '07 1st



GLKF '08 1st

ICMAC Shuai Chiao Competition Heats Up

The International Chinese Martial Arts Championship tournament circuit's Shuai Chiao division is beginning to draw some of the best Shuai Chiao fighters from across the United States. The last 2009 event, in Las Vegas, and the first 2010 event, in San Diego, had

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白虎

Celebrating 2010 The Year of the White Tiger



An Interview With International Shuai Chiao Referee Jude Braun

By Nick Masi

Together with Master Robert Simpson from the United Kingdom, Jude Braun had the honor of being one of the only non-Asian referees at the November 2007 International Invitational Tournament of Chinese Type Wrestling in Taizhou City, China. Although Jude has been involved in Shuai-chiao for nearly 30 years, this was the first time I had met him in person. Interested in his experience as an international referee and motivated by his demonstrated passion for Shuai-chiao, I posed several questions to Jude and would like to share our exchange.

Nick Masi (NM): *What is your Shuai-chiao background? Are you training or teaching?*

Jude Braun (JB): I started at OSU (Ohio State University) in 1978 and practiced there until I left for Dallas in 1984. I trained in Arlington, TX until 1987 and my last competition was in 1990. I still practice basic forms and have on-the-job encounters.

NM: *Have you ever had to use Shuai-chiao in your capacity as a police officer?*

JB: I have used Shuai-chiao many times in my 24 year career in law enforcement. It may be as simple as a soft empty hand controlling technique escalating to fighting for your life against a determined felon. It has been my experience if you can take someone out of the

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On the Web at: WWW.SHUAI-CHIAO.ORG



Jude Braun officiating in Taizhou, China

...fight quickly and gain control, your chances of survival are greater. I don't have time to get into a long protracted match when there are multiple threats around me. In SWAT work, if you are deployed in an entry or close combat role, Shuai-chiao can also be quite handy.

NM: *What makes Shuai-chiao effective for close-quarter combat & police work? What makes it stand apart from other arts like Jiu-jitsu?*

JB: Whenever you participate in close quarter battle during the execution of a search warrant or barricaded person, you have a fraction of a second to take a quick mental photo as you are bursting through an entry port. If none of the subjects have any weapons, you must still be able to control each while wearing a 50 lb vest and carrying a long gun in your strong hand. This restricts your ability to use a lot of multiple techniques in a confined space. Plus, you need to create a pathway for your teammates who are boring in right behind you, and try and not block them by placing yourself or a suspect in their way. Shuai-chiao has been quite effective in taking down suspects quickly with a minimum amount of force in these extraordinary confrontational situations.

NM: *How was your experience being a referee/judge for the Taizhou tournament?*

JB: I felt it was an honor to be a referee in China. [There were] a lot of long nights training and reviewing their traditional methods. I believe refereeing is generally the same regardless of location. There is a tremendous amount of history and tradition from the Chinese.

NM: *What were the main differences between the Taizhou tournament & tournaments in the US (if any)?*

JB: This was the best run tournament I have ever seen. The difference between an amateur and expert is, the expert can do all of the small details very well. The Chinese did all of the details of the tournament really well – from the time we arrived until the last throw.

NM: *Was there difficulty communicating with the athletes or other judges?*

JB: The language barrier was the most difficult obstacle, especially trying to speak Chinese with fifteen other judges watching and listening to you. Luckily, one of the other judges was from Taiwan, and he did most of the interpreting. It was somewhat frustrating not speaking Chinese or Mongolian. Once, a Spaniard developed a minor injury to his hand, and during the time out, I could speak to him in my pidgin Spanish; but as any traveler knows, if you can use your hands, you can get by for a while. Luckily, the judges from China went out of their way to help out.

NM: *There were a number of European teams as well as the US team. Do you notice a difference in style or preferred techniques between the Western teams and their Chinese counterparts?*

JB: The breadth of the Chinese was so much greater than their contemporaries. Many times they could have used more advanced techniques, but they seemed content to rack up a lot of one point throws really quickly. Plus, the Chinese used several techniques that I never knew existed.

NM: *Any difference in quality between the men & women's divisions?*

JB: At the lower weight classes, the skill level was much closer. Overall, the Chinese and Mongolian girls could hold their own.

NM: *Can you say anything specific about the techniques and strategy of the Chinese and Mongolian teams?*

JB: The Chinese were adept at pulling techniques and using a dominant grip. While a lot of their opponents were trying to break their dominant grip, they set their feet up for the right angle and then struck with precision every time. The Chinese had good conditioning and were noticeably stronger in their quads, and from the waist down, they were very powerful. Whenever they warmed up, their practice speed was at a much higher level than any group I have ever seen. Thus, when they were on the mat against an opponent, they were so quick, if you blinked you could miss a throw. The Mongolian team appeared to be more of a crossover from Judo into Shuai-chiao. However, the Mongolians seemed to favor a lot of lifting with their legs, not vertical lifting, but a lot of foot sweeps and lower leg blocking. I did take interest whenever a Mongolian athlete was fighting a Chinese because you had two great adversaries with slightly different styles going full bore. Several times I saw a Mongolian, who I thought was a better fighter, get beaten because he was overly aggressive and was defeated on a counter throw.

NM: *Are things different now (in the US & China) from when you started Shuai-chiao (as far as the community, the training, etc.)?*

JB: Well, when I started, there was no access to China. Everything was basically coming from Taiwan. With China open, the sky is the limit.

NM: *Where do you see status/quality of Shuai-chiao in the US in the coming years?*

JB: Hopefully, some of the void that was created by Master Chang's passing can be redirected into positive energy. With the emergence of China and all of her resources, all of the Chinese martial arts should receive a boost. Right now, the lack of good training sites throughout the states is a huge problem for the growth of the art.

NM: *Any words of encouragement or advice for future participants, competitors, and judges?*

JB: Shuai-chiao is a physically demanding art. It takes years to be able to develop and learn the basic fundamentals, but the rewards can travel with you for a lifetime. When you can react to an extraordinary confrontational situation without thinking and come out unhurt, it is a tremendous asset. Also, I would like to see Shuai-chiao developed more in the law enforcement community, on the local, state, and federal levels.

NM: *As I final note, I would just like to say that Jude Braun is an outstanding role-model for American Shuai-chiao practitioners and competitors and reminds us that there are many different ways that we can be involved in the art. This reminder is especially important for all of us today, because only through our participation is Shuai-chiao going to continue to grow and develop in the United States.*

ICMAC Shuai Chiao continued...
... strong fields of competitors in most weight divisions. While these two events drew mostly from the West Coast schools, especially the San Diego Reserve groups in the Cleveland area put in a very good showing. We hope the Shuai Chiao ICMAC divisions will continue to grow and challenge us all.



RECENT USSA PROMOTIONS

Black Belt Promotions by Dr. Weng

Charles Lin (8th Teng)
Nick Masi (8th Teng)
Aaron Wong (9th Teng)
Robert Chen (9th Teng)
Ian Donovan (9th Teng)

Chieh Promotions

Cupertino Kung-fu Club by Dr. Weng

Ryan Choy (White-Green)
Ivana Chang (White-Green)
Marlon Bishop (6th Chieh)
Brandon Dahl (6th Chieh)

Anton Chiang (5th Chieh)
David Liu (5th Chieh)
Itrun Cheng (5th Chieh)
Timothy Lee (5th Chieh)
Emily Goes (Green-White)
Jordan Nguyen (Green-White)
Chengau Hsu (Green)
Leon Hsu (Green)
Alex Yee (Green-blue)
Nicholas Tarn (Green-blue)
Shangyu Hsu (Green-blue)
Spencer Chen (Green-blue)
Steven Yang (Green-blue)
Tom Shih (Green blue)
William Yang (Green-blue)
Mark Chang (Blue)
Corey Wong (Blue)
Shangway Hsu (Blue)
Carl Patience (4th Chieh)
Timothy Chen (Blue Purple)
Leonard Ting (Blue Purple)
Mariam Miller (Blue Purple)
Julia Chen (Purple Black)
Trevor Wong (Purple Black)
Antonio Ting (Purple Black)
Philip Tsai (Purple Black)
Fong Liu (1st Chieh)

True Victory is Mine

Some Observations by Sifu Mike Dasargo

I am the son of a single mother who is also first generation American from the Philippines. Growing up, my family moved from one disadvantaged community to another in an effort to escape crime and violence. When I was in my teens, I began training in "Mantis Boxing" with Sifu Tony Puyot. I watched a few of my Kung Fu brothers join gangs and/or get hooked on drugs while my personal life spun out of control.



Sifu Mike Dasargo with Phillip Chen and Emeric Chen

Having survived these hostile circumstances, I continued on to find work as a Nightclub Security professional and Executive Protection agent. My martial arts training expanded to include Gracie Combatives Jiu Jitsu, Escrima, Blauer Tactical Systems, and later, Shuai-chiao.

So why would a combat oriented martial artist willing choose to get into sport?

Before I answer that question, let me tell you about my experience as a Nightclub Security professional. The difference between a bouncer and a nightclub security pro is customer service. A bouncer generally has toughness with minimal regard for the law and the safety of the business and patrons. A Nightclub Security pro focuses on resolving conflict and damage control. I dealt with people who were sober, high, drunk, or just flat out crazy. Once the paradigm shifts from a perceived threat to an actual threat, your response is limited to reasonable use of force: striking was considered an absolute last resort. That leaves standing grappling methods to subdue and control a subject in a humane manner. This placed me in a position where I had to strengthen my ability to grapple with a fully combative subject through trial and error, research and development, my standup grappling eventually fine tuned my "Chin-Na" skill to a level where I can confidently stick to and control opponents with an approximate 95% success rate.

Shuai-chiao combat sport allows me to train and develop my shuai-fa through high volume attempts versus a combative opponent. Repetition and simulation are the pillars of skill development. So it's not so much about what you can't do in sport, it's about the skills that you CAN do in high volume of repetition. To me, sport is a highly effective training method. I have gained more experience and insight about shuai-fa from competing than I ever did through drills or street fights. The window of opportunity disappears much faster in competition, and the pace is very different than sparring with a classmate. Something clicked in my experience in competing Shuai-chiao. I feel that my timing, sensitivity, angles, positioning, explosiveness, handwork, and execution of techniques are all beginning to come together.

Ho-I Martial Arts Academy by Matt Mollica

Ryan Schumaker (8th Teng)

Immortal Fitness (San Diego) by Dr. Weng

Kinson Liu (6th Chieh)
Mike Dasargo (6th Chieh)
Ryan Ritarita (6th Chieh)
Shawn Alexander (6th Chieh)

OSU Kung-fu Club by Mike Grigsby

Husam Sweidan (2nd Chieh)
Thomas Seeber (4th Chieh)
Travis Stoy (4th Chieh)
Michael Hall (4th Chieh)
Andrew Malonis (4th Chieh)
Amir Ahmed (5th Chieh)

New Mexico by Dr. Weng

Barnaby Hazen (2nd Chieh)

Rainbow Chinese School by Jan-Yu Weng

Chi Lin (White-Green)
Harmon Kay (White-Green)
Mikaela Lee (White-Green)
Madelyn Lee (White-Green)



2009 Year of the Ox Tourney

Held October 3rd, at The Ohio State University



This "Shuai-Chiao only" event was the first in the new OSU Recreation and Physical Activities Center (RPAC) facility. The OSU Club began sponsoring tournaments named after the twelve animals of the Chinese New Year calendar back in the 1990's. These were relatively small tournaments, with the emphasis on providing more experience for the fighters with a round-robin format and single, three-minute rounds. Tournaments were only held when the OSU Club had enough members who wanted to compete, so they occurred every two years on average. The last event held in the original Larkins Hall facility was our 2005 Year of the Rooster tournament.

At the Year of the Ox event last Fall, we used our traditional system and ran five divisions simultaneously with two rings. The twenty-five competitors fought forty-five matches in a little over two hours. All finishers had at least three matches; most had four. We thank all of our participants and officials, and hope to continue our tradition and host another event in the future. ~ Mike Grigsby, Head Instructor, OSU Club



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Check us out at: WWW.SHUAI-CHIAO.ORG